

## Annual Report 2013-14: Summary

1. The Prison and Offender Research in Social Care and Health (PORSCH) network had its most active year yet despite very challenging conditions for research and practice.
2. PORSCH was involved in continuing and new research and development projects. These included:
  - (a) diversion and liaison services: Professor Gray was advisor to the NHS England Health and Justice team, Dr Dyer led a commissioned evaluation of the Big Diversion Project, and PORSCH co-sponsored and chaired a Stakeholder Workshop on service developments;
  - (b) Screening for the Risk of Self-Harm in an Adult Offender Population: a Project completed in 2013-14 by a team including Dr Wendy Dyer (funded by National Institute of Health Research);
  - (c) planned new projects from the new Clinical Research Group in Offender Mental Health (Screening and Early Interventions) co-sponsored by PORSCH.
3. PORSCH provided six Workshops including on the health and wellbeing of older prisoners, young people who offend, screening and early intervention in offender mental health, diversion and liaison initiatives, and forensic psychology research.
4. The Chair spoke on PORSCH's work at a conference of the UK Health, Justice and Learning Disability Network and on 'Offender Health: why bother?' at a Durham University meeting of the Howard League for Penal Reform. He also represented the network at national and local meetings about offender health and social care, including the All-Party Parliamentary Group on Dual Diagnosis and Complex Needs. PORSCH continued to support the work of the national Offender Health Research Network, including by attending its events including its national conference on policing and mental health.
5. The Management Group welcomed as new members Jen Birch and Stephanie O'Neill (Newcastle University), Barrie Greene and Fiona Stanton (Northumberland Tyne and Wear NHS Foundation Trust), Anna Massey (Mental Health Research Network North East Hub) and Evagelia Vagianos (NOMS Psychology Service). The Group is grateful for the support of the Advisory Board (chaired by Wendy Balmain) in developing its work in 2013-14.
6. PORSCH gratefully acknowledges its Supporters in this increased activity during 2013-14: Durham University Ustinov College, HM Prison Service North East, Mental Health Research Network NE Hub, North East Offender Health Commissioning Unit, Northumberland Tyne and Wear NHS Foundation Trust, Northumbria University Centre for Offenders and Offending, and Tees Esk and Wear Valleys NHS Foundation Trust.

In 2013-14 PORSCH was supported by:

Durham University Ustinov College	HM Prison Service - North East	Mental Health Research Network NE Hub
North East Offender Health Commissioning Unit		Northumberland Tyne and Wear NHS Foundation Trust
Northumbria University Centre for Offenders and Offending		Tees Esk and Wear Valleys NHS Foundation Trust

## 1. Introduction

The Prison and Offender Research in Social Care and Health (PORSCH) network was established in 2005 with the following:

**Dedication** to enhancing the contribution of high quality research and development to the improvement of the health of offenders and in turn the communities in which they live.

**Aim** to build and maintain a collaborative network of those in the North East of England with interests in offender health and social care research and development both to contribute to the evidence base for the commissioning and provision of offender health services and to enhance research and development capacity in the region.

**General Objectives** in realising these aims:

- To develop PORSCH as a collaborative, multi-disciplinary, multi-agency regional network focused on offender health and social care innovation, evaluation and knowledge dissemination.
- To facilitate regional research strategies and improved outcomes for offender health by working with health and social care and criminal justice agencies in the region.
- To develop support for offender health R & D among criminal justice agencies, including prisons, police and probation services.
- To secure future longer term funding for PORSCH.

## 2. Research and Development Background

201-14 continued to very challenging both financially and organisationally for all parts of the public sector including criminal justice and health and social care provision. April 2013 brought major changes to the organisation of commissioning in the NHS, the responsibilities for public health and social care in local authorities and the organisation of criminal justice. These changes were made at the same time as reductions to public expenditure and the introduction of new service providers into the health, social care and criminal justice markets.

The most significant area of development in offender health continued to be the extension of diversion and liaison services. The North East was successful in securing major national investment in projects based on trial sites in Sunderland and Teesside in addition to the North East's own Big Diversion Project.

The universities in the North East continued to house some important research hubs including the Centre for Offenders and Offending at Northumbria University, the Centres for Crime Deviance and Culture and for Violence and Abuse at Durham University, and the Institute for Health and Society at Newcastle University.

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### **3. PORSCH Activities and Services in 2013-14**

At the end of March 2014, PORSCH had over 100 individual members comprising frontline practitioners, academics, service commissioners and providers. In addition, PORSCH was pleased to work with former members in Yorkshire. PORSCH activities for members included brokering R & D projects, holding R & D workshops for both researchers and the policy and practice communities, and providing information services for members.

#### **3.1 Research and Development Projects with which PORSCH is associated**

##### **Diversion and Liaison**

The North East's pioneering work in diversion and liaison (notably the Big Diversion Project commissioned by the former North East Offender Health Commissioning Unit) was recognised by the award of substantial national investment in new trial sites in Sunderland and Teesside. PORSCH has been closely involved throughout these developments. Professor Gray was advisor to the NHS England Health and Justice team, Dr Dyer and her team at Northumbria University completed a commissioned evaluation of the BDP and PORSCH co-sponsored and chaired a Stakeholder Workshop on service developments with Glynn Thomas (Health & Justice, NHS England)) as one of the speakers.

##### **Screening for the Risk of Self Harm in an Adult Offender Population**

This project was completed in 2013-14. It was led by a team including Dr Dyer, PORSCH Research Co-ordinator, and funded by the National Institute for Health Research – Health Technology Assessment. Its aim was to identify one or more screening instruments for the risk of self-harm that can be routinely applied to adult offender populations so that appropriate care pathways and interventions can be implemented and the incidence of self-harm reduced. Funding is now being sought to trial the resulting screening tool. For more information, contact [wendy.dyer@northumbria.ac.uk](mailto:wendy.dyer@northumbria.ac.uk)

##### **Offender Mental Health Screening and Early Interventions**

PORSCH co-sponsored the new Clinical Research Group in Offender Mental Health (Screening and Early Interventions) with funding from the Mental Health Research Network. During 2013-14 this new initiative, led by Dr Dyer, considered three projects for seed corn funding: ADHD screening for offenders in YOIs, Single Comprehensive Assessment of Women in Integrated Offender Management Regimes, and Meditation for Prisoners. A fourth project on Street Triage for Mental Health and Personality Disorders is also proceeding as part of the national evaluation of street triage. For more information, contact [wendy.dyer@northumbria.ac.uk](mailto:wendy.dyer@northumbria.ac.uk)

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### 3.2 Workshops

PORSCH worked with its Supporters to provide six workshops (all chaired by Professor Gray)

#### **The Health and Social Care Needs of the Ageing Prison Population**

(with Centre for Offenders and Offending, Northumbria University)

*Ageing Prisoners – the changing demographics:* Charlotte Bilby and Louise Ridley (Centre for Offenders and Offending, Northumbria University)

*Health and Social Care Services for Older Adults in Prison:* Katrina Forsyth and Jane Senior (Offender Health Research Network, University of Manchester)

*What Death in Custody Reports Tell Us About the Care of Older Prisoners:* Dr Mary Piper (Director of Public Health, Offender Health, Department of Health)

*Palliative End of Life Care in Prison:* Gill Scott (Macmillan Prison Project Lead for Palliative and End of Life Care, County Durham & Darlington NHS FT) and Jill Banks-Howe (Teesside University)

#### **Forensic Psychology Research Project Reports By NOMS NE Trainees**

(with NOMS NE and Ustinov College, Durham University) the first ever such event of presentations on research undertaken during their professional training by Forensic Psychology trainees

*An evaluation of the Freedom Programme at a closed female prison:* Sarah Simpson

*Evaluating the experiences of gay and bisexual sex offenders participating on the Sex Offender Treatment Programme (SOTP):* Jennie Horton

*Validation of the Impulsivity Scale: Revised with UK Incarcerated Young Sexual Offenders;* Darren Johnson

*Predictive factors for violent prison misconduct:* Darren Johnson

#### **Older Prisoners: improving health and wellbeing**

(with Centre for Offenders and Offending, Northumbria University)

*Older prisoners: learning from fatal incident investigations in prisons:* Nigel Newcomen (Prisons and Probation Ombudsman for England and Wales)

*Older Prisoner Experiences: feedback from a workshop with older prisoners,* Louise Ridley (Centre for Offenders and Offending, Northumbria University)

*Exploring the Quality of Life and Experiences of Older Male Prisoners in HMPS:* Claire de Motte (Doctoral Researcher Nottingham Trent University)

*Enhancing levels of physical activity among older prisoners: opportunities and challenges:* Dr Rosie Meek, (Head of the Centre for Criminology and Sociology, Royal Holloway University of London)

#### **Offender Mental Health Screening and Early Interventions**

(with new Clinical Research Group in Offender Mental Health Screening and Early Interventions)

Members suggested topics that could be worked into research and development projects. Of eight topics that were discussed the following were taken forward as reported in 3.1 above:

*ADHD screening for offenders in YOIs*

*Single Comprehensive Assessment of Women in Integrated Offender Management Regime*

*Meditation for Prisoners*

*Street Triage for Mental Health and Personality Disorders*

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### **The Health and Wellbeing of Young People Who Offend**

(with County Durham Youth Offending Service)

*National and local contexts of the health and wellbeing of young people who offend:* Linda Bush (Local Partnerships Adviser, Youth Justice Board) and Gill Eshelby (Strategic Manager, County Durham Youth Offending Service)

*Comprehensive Health Assessment Tool (CHAT) – YOS:* Charlotte Lennox (Manchester University)

*Informal Drug and Alcohol Education in a Secure Training Centre:* Tony Jeffs (Durham University & Editor of Youth and Policy journal)

*Transforming Youth Offender Services from a 'single health worker YOT' model, to a 'health team within a targeted adolescent service' model:* Karen Rowell (Northumbria Healthcare NHS FT).

*Trainee Dads - An Antenatal Programme for Male Young Offenders (15-21):* Jo Booth (antenatal education practitioner)

*Female younger offenders, gangs and health:* Linda Bush (Youth Justice Board)

*Psychological needs of Young Adult Offenders:* Laura McCraw (Forensic Psychologist in Training, North East Forensic Psychological Service, HMP Northumberland)

*Recidivism, desistance and life course trajectories of young sexual abusers:* Josie Philips (Durham University)

*Analysis of smoking, drinking and drug using behaviour in young offenders at HMYOI Wetherby:* Neil Watson (HMYOI Wetherby)

### **Liaison and Diversion – past, present and future**

(with NHS England Health and Justice North East & Cumbria)

*Introductions and Update on Local Developments:* HHJ Prince (Newcastle Crown Court) & Julie Dhuny (Head of Offender Health Commissioning)

*Update on the National Diversion and Liaison Programme:* Glyn Thomas (Head of Implementation, Liaison and Diversion Programme, Health & Justice, NHS England)

*Findings from the Independent Analysis of the Big Diversion Project Pilots:* Paul Biddle, Research Fellow, Northumbria University

*Liaison and Diversion Moving Forward:* Charlotte Winter (BDP Project Lead)

And table discussions on:

*Crown Court Diversion and Liaison Pilot (Newcastle)*

*Increased access to mental health expertise Custody and Magistrates courts (Bedlington & N Tyneside)*

*Enhanced support for High Intensity Users (Durham IOM and Sunderland IOM)*

*Street Triage*

*Transfer of responsibility for commissioning of healthcare in custody from Police to NHS Youth Offending*

### **3.3 E-mail updates and website**

E-mails have been sent regularly to PORSCH members providing information on offender health and social care news, events and opportunities.

The PORSCH website was closed at the end of 2013-14 partly through non-use; it may eventually be re-launched as part of the OHRN site.

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### 3.4 Other Activities

PORSCH continued to work with the NHS England team on Offender Health, the Offender Health Research Network, and the All-Party Parliamentary Group on Dual Diagnosis and Complex Needs.

The Chair gave a talk on PORSCH's work to a conference in Kendall of the UK Health, Justice and Learning Disability Network. He also spoke on 'Offender Health: why bother?' at a Durham University meeting of the Howard League for Penal Reform.

## 4. Governance

### 4.1 Advisory Board

The Advisory Board supports the development of the network and ensures that the Management Group discharges its responsibilities in accordance with the PORSCH dedication and aims.

Membership of the Advisory Board is by invitation of the Management Group with the support of the Advisory Board Chair. It met twice in 2013-14.

In 2013-14 its members were:

Wendy Balmain (Chair), Deputy Regional Director Social Care & Partnerships, Department of Health

Tim Allen, Governor HMP Durham

Revd. Katherine Brooke, Chaplain, HMP Holme House

Julie Dhuny, Head of Offender Health Commissioning, North East

Liane Green, Inspector, Durham Constabulary

Jill Maehle, Barrister Consultant in Mental Health, Mental Capacity, Community Care & Human Rights Law

Rachel Morphew, Lead Psychologist NOMS NE

Dr Rajesh Nadkarni, Consultant in Forensic Psychiatry, Northumberland Tyne & Wear NHS Trust

Mike Newell, Non Executive Director of Tees, Esk and Wear Valleys NHS Foundation Trust and former Chair, Prison Governors Association

Prof Maggie O'Neill, Professor of Criminology and Principal of Ustinov College, Durham University

Dr Sarah Pearce, Consultant Physician, Co. Durham and Darlington NHS Foundation Trust

Alan Tallentire, Regional Manager for Custodial Services, NOMS North East and

Dr Wendy Dyer as PORSCH Research Co-ordinator

Prof Andrew Gray as Chair of the PORSCH Management Group

Loree Moran-Wilson as PORSCH Workshop Support Officer

### 4.2 Management Group

The Management Group manages the network's activities, services and financial and human resources and reports to the Advisory Board at least once a year. It met five times in 2013-14 (with additional officers meetings).

Membership of the MG is open to any member of PORSCH. In 2013-14 its members were:

Prof Andrew Gray (Chair), Emeritus Professor, School of Medicine, Pharmacy and Health, Durham University, and Academic Services for Public Management

Dr Wendy Dyer (Research Co-ordinator), Senior Lecturer in Criminology, Northumbria University

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Loree Moran Wilson (Workshop Support & Service User Representative), Make Your Way CIC  
Jen Birch, Research Assistant, Newcastle University (from March 2014)  
Linda Bush, Local Partnerships Advisor, Youth Justice Board North East Team  
Jon Carey, Community Psychiatric Nurse, Tees, Esk and Wear Valleys NHS Trust  
Barrie Green, Nurse Consultant in Mental Health, Northumberland Tyne & Wear NHS Foundation Trust (from March 2014)  
Darren Johnson, Chartered Forensic Psychologist, National Offender Management Service NE and from December Teesside University  
Dr Hannah King, Lecturer School of Applied Social Science, Durham University  
Saffra Knox, Head of the Mental Health Research Network, NE Hub (retired September 2013)  
Anna Massey, Mental Health Research Network North East Hub (from September 2013)  
Dr Stephanie O'Neill, Research Fellow, Institute of Health and Society, Newcastle University (from September 2013)  
Louise Ridley, Senior lecturer in Criminology, Northumbria University  
Fiona Stanton, Research & Development Manager, Northumberland Tyne & Wear NHS Foundation Trust (from September 2013)  
Lisa Taylor, Service Manager for Offender Care, Tees, Esk and Wear Valleys NHS Trust  
Evagelia Vagianos, NOMS Psychology Service (from March 2014)  
Charlotte Winter, North East Offender Health Commissioning Unit

#### 4.3 PORSCH Officers

**Chair** of PORSCH: represents the network and its interests in academic, policy and practice communities, chairs the meetings of the MG and liaises with the chair of the Advisory Board. The Chair is elected by the MG members. In 2013-14 the Chair was Professor Andrew Gray. He also continued to exercise the executive functions of sustaining the network and organising events under a contract for service supervised by the Chair of the Advisory Board.

**Research Co-ordinator:** responsible for liaising with R & D projects with which PORSCH is associated, research funding and developing new project ideas. In 2013-14 the Research Coordinator was Dr Wendy Dyer.

**Workshop Support Officer:** provides administrative assistance at workshops (registration functions, venue liaison) on a per workshop service contract. In 2013-14 the Workshop Support Officer was Loree Moran-Wilson.

#### 4.4 PORSCH Supporters

PORSCH Supporters are partner organisations that commit financial and facility resources to the work of the Network. In 2013-14, they were:

- Durham University Ustinov College
- HM Prison Service North East
- Mental Health Research Network NE Hub
- North East Offender Health Commissioning Unit
- Northumberland Tyne and Wear NHS Foundation Trust
- Northumbria University Centre for Offenders and Offending
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These Supporters were represented on the Advisory Board and Management Group and acknowledged in PORSCH publications.

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## 5. Financial Report

The audited accounts show a small deficit; this arose from larger than expected attendance at workshops and was met from reserves. The Management Group has agreed a policy to invest some of the reserves in increased membership activities but will continue to keep in reserve at least one full year of operational resources. The reserves at 31<sup>st</sup> March represented over 1.5 years of operational costs.

<b>Income and Expenditure Account 2013-14</b>	<b>£</b>	<b>2012-13</b>
Income		
Supporters	7500	1189
Interest	19	53
Total	7519	1189
Expenditure		
Office	6000	6986
Represent PORSCH	209	362
Meetings	1771	895
Total	7981	8243
Surplus / -Deficit for year	-462	-7054

<b>Balance Sheet at 31<sup>st</sup> March 2014</b>	<b>£</b>
Opening Reserves	13008
Deficit for 2013-14	- 462
Closing reserves	12547
Represented by:	
Co-op Bank Account	16047
Plus debtors	0
Less creditors	500
Less prepaid income 14-15	-3000
Total	12547

## 6. Acknowledgements

Thanks are due to all those concerned with continuing the work of PORSCH as a significant contributor to the improvement of offender health and social care in the North East.

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